



FUND-RAISING FOR OUR ANZAC WING

by Jeannine Creely - CEO, Cobden District Health Services

Within Cobden District Health Services' Heytesbury Lodge, we have a separate secured living area, called Anzac. The section was designed to support residents with a form of dementia requiring a lower level of care.

Opened in 1996, the Anzac area was a wonderful example of best-practice at the time. As research into dementia continues, we now know that its design can be enhanced to better meet the needs of its residents.

Cobden District Health Services started fundraising in 2014 to raise necessary funds to make some changes to the internal structure of Anzac, changes that should add considerable value to the lives of current and future residents. We plan to relocate a kitchenette that sits in the middle of the only day-room, moving it to the side to allow more space for occupants to move about freely. We are also trying to develop "quiet spaces" within the existing structure. We ultimately would like a whole new facility for our residents with dementia . . . but one goal at a time!

Facts and predictions about dementia from Alzheimer's Australia provide the reasons why we need to tackle this project head-on. In 2012, 342,800 Australians were living with dementia, a figure expected to increase by 400,000 in ten years. By 2050, it is estimated, this number will reach almost 900,000. Each week, there are more than 1800 new cases of dementia in Australia alone, approximately one person every six minutes. Three in 10 over the

age of 85 and almost one in 10 people over 65 have dementia. An estimated 1.2 people are involved in the care of a person with dementia.

Dementia is the term used to describe the symptoms of a large group of illnesses which cause a progressive decline in a person's functioning. The term 'dementia' is broadly used to describe someone with a loss of memory, intellect, rationality, social skills and physical functioning.

There are many types of dementia including Alzheimer's disease, vascular dementia, fronto temporal dementia and dementia with Lewy Bodies. Dementia can happen to anybody but it is more common after the age of 65. It is the second leading cause of death in Australia and there is no cure. For more information, please check out www.fightdementia.org.au or call the National Dementia Helpline: 1800 100 500.

As part of our fundraising, we held a Spring Gala Extravaganza which was hugely supported - see photos below. We are so grateful to those who supported the event in person or in spirit.

We are also holding a silent auction of two pieces by local artists - "Draught Horses" by Jenny Sutterby and "Boggy Creek Pub" by Enid Cummins. Bids can be left at the Health Services' office or at Cobden Home Timber & Hardware where the paintings can be viewed. The silent auction closes on December 18th, 2015.



Business of the Month

RITCHIES IGA SUPERMARKET



Store manager Paul 'Herm' Brebner with long-serving employee Wendy Allan.

Business name: Ritchies IGA Supermarket - Cobden

Ownership: Ritchies Stores Pty Ltd

Management: Paul 'Herm' Brebner

Product: Retail - fruit and vegetables, groceries, homewares, dairy, frozen goods, delicatessen, bread, confectionery, liquor and general merchandising lines

Background: Formerly one of the famous Lees' supermarkets established across the area in the 1960s, the Ritchies IGA store in Cobden provides wonderful service and, importantly, local employment opportunities.

Back in November, 2002, 15 years ago, Stan and Mary Lee sold their supermarkets to Ritchies who were initially based in Frankston on the Mornington Peninsula before expanding across Victoria and interstate.

Ritchies have maintained and built on the best features of the Lees' stores. Led by manager, Paul 'Herm' Brebner, the Cobden supermarket staff strives to provide the complete package for the local community . . . with a welcoming smile, of course.

What you might not know about Ritchies IGA - Cobden:

1. Cobden is one of 58 Ritchies stores in Australia, and one of 38 stores in Victoria.
2. The Cobden store employs between 50 and 70 local people of all ages - full-time, part-time and casual.
3. Countless young people have been given a taste of retail business as work placement students or as part-time employees while still at school. The management and staff take great pride in the fact that many of these students move into tertiary education, apprenticeships and traineeships, and are working all over the world.
4. Long-serving employees at Cobden have included John Lee, Wendy Allan, Leanne McKenzie, Adrian Kelly, Wendy Sambell, Pam Lock, Denise van den Eynde and, of course, Paul 'Herm' Brebner. Long service awards are given to acknowledge length of service.
5. Great believers in community benefits programs, Ritchies also offer bulk deals and discounts across the board, free delivery for purchases over \$30, price matching on certain items and participation in Myer One.
6. Donations are made to local charities.
7. A 200% money-back guarantee exists on all fresh products.
8. Tragedy parcels are provided to families who suffer misfortune. Ritchies work closely with organisations like Red Cross and the CFA to support people in need.
9. All registered children under 12 receive free gifts for their birthdays.
10. Customers can join the Christmas Club. After making regular payments through the year, you receive a gift card in December. Contribute more than \$200 during the year, and you qualify for a Christmas gift.

Business contact: Paul 'Herm' Brebner

Contact details: 0418 544 704



Extravaganza action: Jacinta Henriksen (left), Emily Henriksen, Haylee Davis; Top right: Appreciative audience, Ellen Darcy (left), Norah Place, Margaret Finlayson; Right: Pharmacy fun, Debbie Fagan (left), Fiona Gee, Cathy Bell with Miss Camperdown Cruise, Lucy Anastasia.



Extravaganza models, Chelsea Mason (left), Julia Rosolin, Haylee Davis, Jess Marshall, Stephanie Simmonds, Airlee Cole, Olivia Hickey, Jazzy Hickey, Jorja Nieuwenhuizen, Taylor May, Abbey Ralph, Emily Henriksen, Kate Hallyburton, Courtney Mason, Amy Hallyburton, Pippi Corneby, Taylor Harlock.

COBDEN CALENDAR

Thursday 3rd December: 1pm Hampden Specialist School Presentation of Awards.

Monday 7th December: 7.30pm Progressing Cobden meeting, including discussion regarding refugee proposal, Heytesbury Room.

Friday 11th/Saturday 12th December: From 12.30pm Friday, 11am-5pm Saturday, Cobden PS 150 Year Celebration.

Monday 14th December: 7.30pm Cobden Primary School Year 6 Graduation, Civic Hall.

Wednesday 16th December: 7.30pm Cobden Technical School Presentation Evening.

Sunday 20th December: 4pm - 7pm Christmas on Apex Park. Santa, rides, face painting, crazy hair, stalls, food, drinks, big draw.

Sunday 20th December: 7.30pm Carols by Candlelight, Civic Hall.